

A photograph of two women in a hospital hallway. One woman is wearing a purple shirt and is in a black overhead sling. The other woman is wearing a light blue shirt and is smiling at her. The hallway has wooden walls and various medical equipment in the background.

WHO CAN MAKE A REFERRAL TO THE ARU?



Physicians, patients and their families, discharge planners, and allied health professionals can initiate referrals.

Patients who are receiving outpatient rehabilitation or homecare health services, as well as individuals located at a skilled nursing facility, assisted living, or at home may be eligible.

If you think a patient or loved one could benefit from intensive therapy, we can do a preadmission screening to determine an admit to the ARU. To initiate the referral, call us so we can help with what we need:

- Doctor's order to admit to ARU
- Most recent 48 hours of Physician Progress Notes
- Physical, Occupational or Speech Progress Notes
- Current History and Physical
- Current Medication List
- Consults

Acute Inpatient Rehabilitation

Acute Inpatient Rehabilitation is designed to assist patients experiencing a loss of function from injury or illness to become as independent as possible in the activities of daily living so that they may return home and re-enter the community. This sophisticated level of care is for patients who require intensive, interdisciplinary rehabilitation services. The expertise and resources available at our facility enable our staff to provide a high level of coordinated rehabilitation and medical care.

Acute Inpatient Rehabilitation services are provided for patients with the following disabling illnesses or injuries:

- Stroke
- Amputation
- Fractured Hip
- Burns
- Major Multiple Trauma
- Neurological Disorders (Multiple Sclerosis, Parkinson's, Guillain-Barre, Polyneuropathy)
- Spinal Cord Injury
- Brain Injury
- Congenital Deformity
- Knee or Hip Joint Replacement allowed if: bilateral replacements were performed, patient is 85 or older, or BMI is 50 or above



Patients with other diagnoses will be reviewed on an individual basis provided they meet the following requirements:

- Be medically stable
- Demonstrate the ability to participate in 3 hours of therapy a day/5 days a week, minimum
- Require an inpatient setting with 24-hour nursing and physician care, as well as two or more skilled therapies
- Patient is responsive to verbal or visual stimuli
- Patient has sufficient mental alertness to participate in the rehab program
- Demonstrate potential for improvements in functions

Contact Us

Please contact the care coordinator at **(970) 252-2996** to make a referral or to learn more about our services.

Address

800 S. 3rd Street - Montrose, CO 81401 - 10 Bed Unit located inside Montrose Regional Health on the 1st floor.