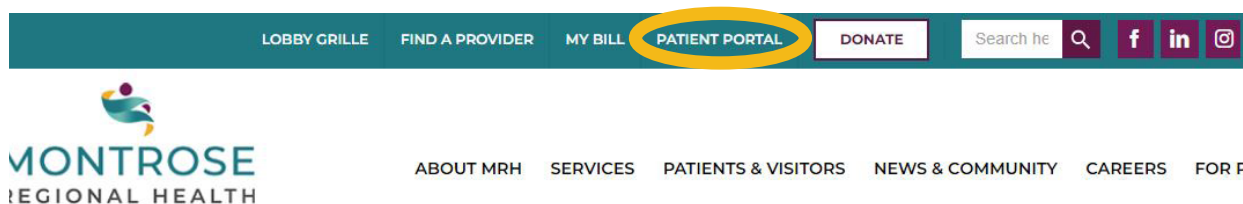


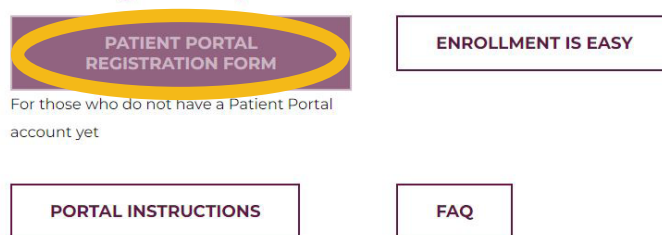


## Montrose Regional Health Patient Portal Instructions

**Step 1** Go to [MontroseHealth.com](http://MontroseHealth.com) and click on Patient Portal on the top green bar. *Our portal set up works best initially from a desktop or laptop. Not a phone.*



**Step 2**



**Step 3** After registration is complete, you will receive an email with a one-time link. Please allow up to 48 business hours for this email. The link will welcome you to the portal and halfway down the page there is a link, "Log In Here." Click the link.

This will take you to a new page where temporary user name and password are given. At the bottom of the page, it reads, "Log-In Here." Click that, and a page will come up where you will add your new user name and password.

In the future, please go to [MontroseHealth.com](http://MontroseHealth.com), Patient Portal and Log In to Portal. When a new item is posted to your patient portal, such as results, reports, appointments etc., you will receive an email.



Mhealth is the mobile version of our Patient Portal software. Look for it in your phone's app store for secure and convenient access to your health information.